



2243 Queen Street East.
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Canada

T 416-694-3456
E admin@flourishhealthservices.ca
flourishhealthservices.ca

Hello!

We're excited to introduce ourselves to the healthcare providers in our community. Flourish Health Services is a strengths-based paediatric hub located in the heart of The Beaches that supports children, youth, and their families.

We are a group of passionate professionals specializing in areas of child development, evidence-based assessment, and intervention providing comprehensive, interdisciplinary care for our patients. As such, we offer a wide range of services both in-person and virtually including:

- Psychological assessments
- Educational assessments
- Therapy (CBT, DBT, ACT, EFST, ADHD Coaching)
- Social work
- Direct instruction
- Speech and language services
- Occupational therapy services

We have enclosed some additional information about our approach, qualifications, and the services we offer. Additionally, we have included a referral form to help streamline services for your patients. However, if you prefer to use your own existing referral form, please feel free to do so.

If you have any questions or would like to discuss our services further, please do not hesitate to reach out. We are always happy to address any questions you may have. Thank you for your time and consideration, and we look forward to the possibility of working with you and serving the needs of our community.

Warmest Regards,

Marie Hooper, M.A., PhD Candidate
Kyla McDonald, PhD, PhD Candidate



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Referral form

Please complete form and email to admin@flourishhealthservices.ca or fax to 416-352-0170

Referring physician

Physician:

Address:

Tel:

Email:

Does the patient consent to this referral?

Consent to voice message?

Consent to email communication?

Patient information

Name:

Date of birth:

Address:

Tel:

Email:

Services requested:

- Psychological
- Occupational Therapy
- Academic Support
- Speech Therapy
- Social Work

Notes:

Please indicate reason for referral:

Medical history and medications:

flourish

*Where you are depends
on how you get there.*

—Robert Munsch



Welcome to Flourish

Our hub includes services for psychological assessments, psychoeducational assessments (including gifted), academic assessments, direct instruction, speech and language services, social work, and occupational therapy. We want to assist you and your family through this period of development.

ABOUT US

Flourish values diversity and inclusion. Our female-led team affirms neurodiversity and takes a whole-person approach to provide personalized services. We warmly welcome and support the 2SLGBTQIA+ community, and our practice is committed to creating a safe and respectful environment for everyone.

Our vibrant and wonderful team consists of individuals from various disciplines (e.g., psychology, social work, speech language pathology, occupational therapy, and academic specialists) who are committed to delivering effective services in accordance with best practice standards and principles.

Our objective is to enhance the strengths of both you and your child.



WHO WE SEE

- Toddlers and Preschoolers
- Children
- Adolescents
- Adults
- Families

OUR SERVICES

Evidence Based Treatments

- Psychological Therapy
 - Cognitive Behavioural Therapy
 - Dialectical Behaviour Therapy
 - Acceptance and Commitment Therapy
 - Parent Coaching
 - Emotion Focused Skills Training
 - ADHD Coaching
- Occupational Therapy
- Speech Language Therapy
- Direct Instruction

Conditions we Treat

- Behavioural difficulties
- Emotion dysregulation
- Anxiety
- Mood
- Trauma/PTSD
- OCD
- Self-harm
- Relationship difficulties
- Parent training
- Social skills

Assessment Services

- Psychological (comprehensive evaluation)
 - Attention and behavioural difficulties
 - Autism
 - Mental health
 - Adult ADHD
- Psychoeducational
- Developmental
- Gifted

*We're here to help
you flourish!*



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